



Dahlia Shadid

PSYCHOLOGY RESEARCH

A double major in Clinical Psychology and Art History at Tufts University in Massachusetts. I am currently seeking a role that would leverage my interest in the epidemiology and treatments of emotional disorders (e.g., anxiety, stressor-related, and mood disorders), especially concerning trauma. I am drawn to clinically neuroscientific methods of investigating these disorders such as etiology during development, resilience factors, and the role of stress and fear in the maintenance of these disorders. I am particularly interested in how the above effect youth populations. Because my interests are currently quite broad, I am hoping to find a more specific focus through working in a lab relating to one of these topics. After Tufts, I would like to pursue a position as a research coordinator followed by a PhD program in Clinical Psychology.

Contact

Phone

+1 (405)-740-4550

Email

dahliashadid@gmail.com

LinkedIn

Dahlia Shadid-

<https://www.linkedin.com/in/dahlia-shadid-815086229/>

Education

2021
CSAS High School
GPA: 3.96

2025
Tufts University
GPA: 3.81

Skills

Coding- SPSS, R, and Jamovi

Literature review

Academic Writing

Participant Screening

Medical Chart Review

Presentations

Relevant Coursework:

Intro Psych, Psychopathology, Stats for Behavioral Science, Brain and Behavior (University College London), Experimental Psychology (Research Methods), Biological Bases of Psychopathology, Psychology of Fear

Research Experience

Summer 2023

Research Volunteer

New York State Psychiatric Institute

- Worked under Research Director Dr. John Mann and Clinical Director Dr. Elizabeth Sublette in the Molecular Imaging and Neuropathology Division
- Found past studies on PubMed to create a literature review of research on the possible relevance of the Mitochondria in SARS-2-CoV-induced depression etiology
- Utilized the literature review to write an introduction to the study
- Was trained and cleared to screen control group participants for various studies in the MIND clinic, as well as schedule them to be seen by the doctors
- Performed review of patient's charts by ensuring they were being properly documented according to IRB and NYSPI guidelines

Summer 2023- Spring 2024

Research Assistant

Racial Equity and Diversity Lab

- Working under PI Mi'Lexus Milton and Sam Sommers on a study investigating the effectiveness of implicit vs. explicit identity safety cues (ISCs)
- Conducted a literature review of past studies on ISCs to help Mi'Lexus find a research question and create a study design
- Wrote portions of the study's IRB form to submit for approval of the study
- Helped create the study on Qualtrics by inputting questions and ensuring they would be randomized through labeling
- Tested and reformed system errors on the online Qualtrics page

Fall 2022 and Spring 2023

Research Assistant

TUSC Social Cognition Lab

- Worked under PI Mi'Lexus Milton and Professor Keith Maddox in the IntergrouperER study that examined if mentioning the sometimes uncomfortable nature of discussions about race improved participant's outlook on these discussions
- Conducted a literature review on relevant scholarly readings
- Help create, test, and reform system errors in the Qualtrics online study page
- Helped code the Qualtrics data into quantitative numerical data and created graphs and a PowerPoint presentation to display results

Clubs

Tufts Psych Society

Secretary
2022- Present

Tufts Arab Student

Association
Treasurer and Freshman Representative
2021-2023

Tufts NeuroNetwork

Member 2022-Present



Dahlia Shadid

PSYCHOLOGY RESEARCH

Other Relevant Experience

Hobbies

Athletics- Weightlifting (5x/ week), Skateboarding (Seasonal) 1/week), Skiing (Seasonal)
Visual Art- Craft Center (1/week), Draw tattoo designs for commission
Meditation- Dharma Sangha group (1/week), Practice Daily

Books That Inspired My Research Interests

- Trauma and Recovery** by Dr. Judith Herman
- The Body Keeps the Score** by Dr. Bessel Van Der Kolk
- Decolonizing Trauma Work: Indigenous Stories and Strategies** by Renee Linklater
- Everyday Trauma: Remapping the Brain's Response to Stress, Anxiety, and Painful Memories** by Dr. Tracey Shores
- Remember: The Science of Memory and the Art of Forgetting** by Dr. Lisa Genova

Spring 2023- Now
Trevorchat Counselor

The Trevor Project

- Provide mental-health support to struggling LGBTQ+ youth (10-25) considering suicide or in need of emotional, physical, or economic help.
- Four 3 hour-long shifts per month.
- Completed 10 weeks of specialized training 1 hr/wk followed by "New Counselor Shifts" completed under a supervisor.
- Have completed 25 shifts as of writing.

Fall 2018-Spring 2020
Intern

Heartline 2-1-1

- Shadowed members of the 2-1-1 and Suicide Hotline branches of Heartline OKC that provide 24-hour human services and suicide prevention respectively.
- Took notes for heartline during court check-ins with offenders participating in the Oklahoma County Drug Court Program so they could lobby to continue the program.
- Helped organize fundraisers such as an annual auction. Called businesses and asked for donations of goods and past donors for sponsorship of the events.