

Updated November 29, 2023

**Andie Stallman, M.A.**  
8 Bradford Ave  
Medford, MA 02155  
Email: andie.stallman@gmail.com

## **EDUCATION**

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**Master's Degree**, Tufts University 2022-2023  
M.A., Child Studies, and Human Development GPA: 3.93  
*Concentration: Clinical and Developmental Health and Psychology*

### Master's Capstone:

Stallman, A. (2023). *Alternative Sports for Adolescent Development: Closing the Accessibility Gap*. [Master's Capstone Project]. Tufts University.  
This capstone presents an innovative solution to the accessibility gap in sports that excludes children with social-emotional and psychological challenges. Non-traditional sports boast flexible social and physical requirements that support necessary individualized accommodations without undermining the benefits to mental health, supportive peer networks, and resilience.

Relevant Master's Coursework: Qualitative Methods Independent Study, Developmental Psychopathology and Adaptation, Advanced Personal and Social Development, Consultation Strategies, Human-Animal Interaction, Preschool to Prison Pipeline

**Bachelor's Degrees**, Tufts University, *magna cum laude* 2018-2022  
B.S., Clinical Psychology GPA: 3.98  
B.A., Child Studies and Human Development GPA: 4.00

Relevant Undergraduate Coursework: Abnormal Psychology, Clinical Methods, Statistics for Behavioral Science, Experimental Methods, Developmental Psychology, Pediatric Psychology, Psychiatric Medications in Children, Adolescent Development, Children with Special Needs, Personal and Social Development, Autism Across the Lifespan

## **ACADEMIC HONORS AND SCHOLARSHIPS**

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Masters Scholarship, Tufts University 2022  
Awarded for "outstanding accomplishments and the promise of future academic work."

Dean's List, Tufts University Fall 2018, Fall 2020, Fall 2021, Spring 2022

## **RESEARCH EXPERIENCE**

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### Positions Held

Clinical Research Assistant / Clinical Study Coordinator May 2022-Current  
Neurodevelopmental Lab on Addictions and Mental Health at McLean Hospital  
Responsibilities: Assisted with data collection and data entry using SPSS and co-led the organization and administration of study protocol for the *Teen Yoga Study*. Independently

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administered eligibility and intake screenings, cognitive assessments, and clinical diagnostic interviews with participants. Collaborated on writing textbook chapter, *The Neurobiological Underpinnings of Addiction in Adolescents and Children*. Co-authored a critical review of investigations into pubertal brain development from the Adolescent Brain Cognitive Development study and a manuscript on the mediating effects of forgiveness, depression, and peer rejection. Created data collection measures via REDcap. Attended and co-ran weekly lab meetings. Primary contact for participants and their families. Supervised undergraduate research assistants. Independent data analysis for *Forgiveness in Youth*.

Student Intern October 2021-May 2022

Neurodevelopmental Lab on Addictions and Mental Health at McLean Hospital

Responsibilities: Created data collection measures via REDcap. Attended weekly lab meetings. Generated and disseminated study advertisements for the *Teen Yoga Study*. Completed training to administer and score neuropsychological assessments, including the MINI-Kid, WASI, AVLT, and TLFB, with study participants. Assisted with literature reviews and research to co-write a book chapter on substance use.

### Study and Analysis Experience

**Forgiveness in Youth** August 2023-Current

Statistical analyses in SPSS on Adolescent Dataset (PI: Silveri), McLean Hospital

Aim: Investigate the impact of forgiveness on youth mental health and resilience.

Collaborators: Marisa Silveri, Ph.D., Jennifer Sneider, Ph.D., Eleanor Schuttenberg, M.A., Luisa Fernandes

**Teen Yoga Study** September 2021-Current

Study Intern and Clinical Study Coordinator (PI: Silveri), McLean Hospital

Aim: Examine impact of virtual yoga on mood in ethnically and racially diverse youth.

Collaborators: Marisa Silveri, Ph.D., Jennifer Sneider, Ph.D., Julia Cohen-Gilbert, Ph.D., Helen Consiglio, Ph.D.

**Forgiveness and Psychopathology** July 2023-August 2023

Statistical analyses in SPSS on Adolescent Dataset (PI: Silveri), McLean Hospital

Aim: Develop proficiency in independent analysis via SPSS. Conduct preliminary analyses of forgiveness's impact on symptoms of psychopathology in youth.

Collaborators: Jennifer Sneider, Ph.D., Luisa Fernandes

Mentors: Marisa Silveri, Ph.D., Jennifer Sneider, Ph.D., Helen Consiglio, Ph.D., Julia Cohen-Gilbert, Ph.D.

**Cross Case Analysis: The Perceived Experience of College Quidditch Players**

Independent Qualitative Study (PI: Stallman)

January 2023-May 2023

Tufts University Eliot Pearson Department of Child Studies and Human Development

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Aim: Examined the impact of participation in a non-traditional sport on identity and mental health as an adjunct to my Master's Capstone.

Mentor: Mary Casey, Ed.D.

## **PUBLICATIONS**

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Silveri, M. M., **Stallman, A.**, & Sneider, J. T. (In Press). Neurobiologic Determinants of Addiction in Children and Adolescents. In *The ASAM Principles of Addiction Medicine* (Seventh Edition). Lippincott Williams & Wilkins (LWW).

### Manuscripts in Preparation

Sneider, J. T.\*, **Stallman, A. \***, O'Brien, T., Wehmeyer, L., Fernandes, L., Cohen-Gilbert, J., & Silveri, M. M. (2023). ABCD: A Critical Study to Address Conflicting Data on Puberty and Brain Development. [Manuscript in Preparation]. *Neuroscience & Biobehavioral Reviews*.

Sneider, J. T.\*, **Stallman, A. \***, Fernandes, L., Wehmeyer, L., Cohen-Gilbert, J., & Silveri, M. M. (2024). Adolescence & Forgiveness: Mediating Effects of Peer Rejection and Depression. [Manuscript in Preparation]. *Frontiers in Psychology*.

**Stallman, A. \***, Sneider, J. T.\*, Wehmeyer, L., Fernandes, L., Cohen-Gilbert, J., & Silveri, M. M. (2024). ABCD: A Critical Study to Address Protective and Vulnerability Factors on Brain Development: Role for Promoting Forgiveness to Increase Resilience. *Frontiers in Public Health*

### Other Publications: Accessible Dissemination for Lay Audience

**Stallman, A.** (2023, November). Screentime and Tech. *Imagination Playground*.  
<https://imaginationplayground.com/screentime-and-tech/>

**Stallman, A.** (2023, October). The Overscheduled Child. *Imagination Playground*.  
<https://imaginationplayground.com/the-overscheduled-child/>

**Stallman, A.** (2023, July). The What, Why, & Significance of Imaginary Friends. *Imagination Playground*. <https://imaginationplayground.com/the-what-why-significance-of-imaginary-friends/>

**Stallman, A.** (2023, June). Learning Through Play: The Value of Child-Directed Play. *Imagination Playground*. <https://imaginationplayground.com/learning-through-play-the-value-of-child-directed-play/>

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**Stallman, A.** (2023, May). *Getting Kids to Move with Alternative Sports*.  
<http://growingmindspsych.com/blog/2023/05/19/getting-kids-to-move-with-alternative-sports/>

Dashevsky, A., & **Stallman, A.** (2023b, April 19). Getting Kids to Move: How Non-Traditional Sports Can Benefit Children with Social-Emotional and Learning Challenges. *Growing Minds Blog*. <http://growingmindspsych.com/blog/2023/04/19/getting-kids-to-move-how-non-traditional-sports-can-benefit-children-with-social-emotional-and-learning-challenges/>

Dashevsky, A., & **Stallman, A.** (2023a, January 30). Barriers and Benefits: Helping Teens with Autism Increase their Physical Activity. *Growing Minds Blog*.  
<http://growingmindspsych.com/blog/2023/01/30/barriers-and-benefits-helping-teens-with-autism-increase-their-physical-activity/>

Dashevsky, A., & **Stallman, A.** (2022, November 21). Team Spirit: Benefits of Organized Sports in Adolescence. *Growing Minds Blog*.  
<http://growingmindspsych.com/blog/2022/11/21/team-spirit-benefits-of-organized-sports-in-adolescence/>

**Stallman, A.** (2022, October 26). Creative Free Play. *Imagination Playground*.  
<https://imaginationplayground.com/creative-free-play/>

## **PRESENTATIONS, POSTERS, AND ABSTRACTS**

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**Stallman, A.** (2024, March). *Supporting Youth Mental Health via Positive Psychology: My career trajectory as a Double Jumbo*. [Presentation]. CSHD-0191: Pediatric Psychology, Tufts University, Medford, MA.

**Stallman, A.,** Sneider, J. T., Fernandes, L., Wehmeyer, L., Cohen-Gilbert, J., & Silveri, M. M. (2024, January). *Adolescence & Forgiveness: The Space Between Peer Rejection and Feeling Depressed* [Poster]. McLean Research Day, Belmont, MA.

Armes T.Y., Cohen-Gilbert J.E., Oot E.N., Seraikas A.M., Schuttenberg E.M., **Stallman A.,** Harris S.K., Silveri M.M., Sneider J.T. *Adolescent sex differences in the emergence of depressive and anxiety symptoms*. Annual Medical Education Conference (AMEC), submitted; New Orleans, LA.

**Stallman, A.,** Sneider, J. T., Fernandes, L., Wehmeyer, L., Cohen-Gilbert, J., & Silveri, M. M. (2023, October). *Adolescence & Forgiveness: The Space Between Peer Rejection and Feeling Depressed*. McLean Research Day, submitted; McLean Hospital, Belmont, MA.

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**Stallman, A.,** Sneider, J. T., Fernandes, L., Wehmeyer, L., Cohen-Gilbert, J., & Silveri, M. M. (2023, October 20). *Adolescence & Forgiveness: The Space Between Peer Rejection and Feeling Depressed* [Poster]. Harvard Undergraduate Research Opportunities (HUROS) Fair, Harvard University, Cambridge, MA.

**Stallman, A.** (2023, August). *Forgiveness*. [Presentation]. Neurodevelopmental Lab on Addictions and Mental Health Lab Meeting via Zoom.

**Stallman, A.** & Fernandes, L., (2023, July 26). *Data Analysis: Forgiveness*. [Presentation]. Neurodevelopmental Lab on Addictions and Mental Health Lab Meeting via Zoom.

**Stallman, A.** & Fernandes, L. (2023, July 20). *Data Analysis: Forgiveness*. [Presentation]. Neurodevelopmental Lab on Addictions and Mental Health Lab Meeting via Zoom.

Dashevsky, A. & **Stallman, A.** (2023, May). *Getting Kids to Move: Non-traditional Sports as a Way to Engage Children with Social-emotional and Learning Challenges*. [Presentation]. Fusion Academy, Burlington, MA.

**Stallman, A.** (2023, March 30). *Exercise and Adolescent Development: Closing the Accessibility Gap* [Poster]. Student Presentation Day, Tufts University, Eliot Pearson School for Child Studies and Human Development.

## **CLINICAL PRACTICA AND APPLIED EXPERIENCE**

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Senior Child Development Consultant June 2021-Present  
Imagination Playground

Responsibilities: Translated scholarly research into blogs for the public. Consulted on children's books, marketing, and product creation. Evaluated the company's alignment with best practices according to developmental theory and standard practice.

Clinician's Assistant and Content Creator June 2022-May 2023  
Growing Minds LLC

Responsibilities: Translated scholarly research into blogs for the caregivers and families of Dr. Anya Dashevsky's clients. Created a presentation for parents of the Fuse Academy based on blog content. Presented to parents and teachers in person and via Zoom. Observed neuropsychological assessments. Interpreted results of client evaluations and assisted in diagnostic conclusions.

ABA Therapist May 2021-August 2021  
Family Behavior Solutions

Responsibilities: Conducted one-on-one in-home ABA therapy. Created and carried out a treatment plan for a non-verbal 5-year-old with Autistic Spectrum Disorder to improve communication and daily living skills. Adapted ABA therapy to multiple environments.

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Served as one-to-one support in a classroom environment. Communicated treatment goals and procedures with parents, teachers, and auxiliary providers.

Mental Health and Clinician's Assistant  
Judge Rotenberg Center

January 2021-May 2021

Responsibilities: Assisted teachers and clinicians in direct-care duties by conducting functional behavioral assessments, preference assessments, and observations. Implementing individualized treatment, including discrete trial training to support increased functional communication and adaptive replacement behaviors. Conducted risk assessment and engaged in acute crisis de-escalation. Generated temporal scatterplots and summary reports for case managers. Collaborated with classroom teachers to teach and support over 20 students with various developmental delays, intellectual disabilities, and psychiatric disorders.

## **TEACHING EXPERIENCE**

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Guest Lecturer, CSHD-203: Masters Seminar, Tufts University (October 2023)

Co-panelist, McLean Student Speaker Series: Launching Your Career: Finding Entry-Level Positions at McLean, June 2023

## **SUPERVISORY AND LEADERSHIP EXPERIENCES**

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Supervision of two research assistants and seven student interns, McLean Hospital (Neurodevelopmental Lab on Addictions and Mental Health) (May 2022-Present)

Co-Captain, Varsity Field Hockey, Tufts University (December 2020-December 2021)  
Re-elected

Co-Founder & Co-President, The Ivy, Tufts University (December 2020-December 2021)

Co-Captain, Varsity Field Hockey, Tufts University (December 2019-December 2020)

Co-Director of Health & Wellness, Inter-Greek Council, Tufts University (January-October 2020)

## **RELEVANT SKILLS SUMMARY**

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*Data Analysis and Collection*                      SPSS, R-Studio, REDCap

*Clinical Skills and Assessments*              Mini-International Neuropsychiatric Interview for Children and Adolescents (MINI-KID)  
Auditory Verbal Learning Test (AVLT)

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*Clinical Skills and Assessments*  
*Cnt'd* Wechsler Abbreviated Scale of Intelligence® Second Edition (WASI)  
Timeline Follow-Back (TLFB)  
Functional Behavioral Assessment (FBA)  
Preference Assessment

*Certifications* CPR Certified, CITI Training, Good Clinical Practice

*Technological Skills* MS Office 365, Google Suite, Canva

*Safety Care* Physical Restraints, Crisis response, De-Escalation,  
Emergency First-Aid

## **REFERENCES**

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### ***Marisa Silveri, Ph.D.***

McLean Hospital Title: Director and Mentor, Neurodevelopmental Laboratory on Addictions and Mental Health

Harvard Medical School Title: Associate Professor of Psychiatry

Relationship: Supervisor. Mentor.

Phone: (617) 855-2920

Email: msilveri@mclean.harvard.edu

### ***Mary Casey, Ed.D.***

Title: Senior Lecturer, Eliot-Pearson Department of Child Study & Human Development

Relationship: Professor at the undergraduate and graduate level. Master's academic advisor. Master's level independent qualitative study mentor. Master's Capstone advisor.

Email: mary.casey@tufts.edu

### ***Kerri Modry-Mandell, Ph.D.,***

Title: Senior Lecturer, Eliot-Pearson Department of Child Study & Human Development

Relationship: Professor and informal mentor at the graduate and undergraduate level.

Phone: (617) 627-3355

Email: kerri.modry-mandell@tufts.edu

### ***Jennifer Sneider, Ph.D.*** (Supervisor and informal mentor)

McLean Hospital Title: Associate Neuroscientist, Neurodevelopmental Laboratory on Addictions and Mental Health

Harvard Medical School Title: Assistant Professor of Psychology, Dept. of Psychiatry

Relationship: Supervisor. Mentor.

Phone: (617) 855-3633

Email: jtsneider@mclean.harvard.edu

Additional references available upon request.