

# Madison Gilbertson

4 Appleton Street, Quincy, MA

603.718.5855

mgilbertson@mclean.harvard.edu

## Education

Trinity College, Hartford, CT (May 2021)

Honors Bachelor of Science in Psychology

Bishop Guertin High School, Nashua, NH (2017)

## Clinical and Research Experience

**Community Residence Counselor, McLean Hospital, Belmont, MA**

**10/2021 - 9/2023**

- Patient population: Schizophrenia, bipolar disorder & depression
- Provide direct patient care through group and individual counseling in accordance with treatment plan
- Trained in proper medication administration (MAP)
- Supervise and administer medication to patients
- Attend patient rounds and conferences
- Lead and facilitate groups and patient activities/outings

**Volunteer, Samaritans Suicide Hotline, Boston, MA**

**08/2020 - present**

- Take calls on the hotline weekly
- 40 hours of intensive training, including learning modules and role plays
- Trained on how to properly assess for suicide risk and level of severity
- Trained on managing crisis situations, including knowing when and how to contact emergency services
- Verbal de-escalation training
- Training on empathic and active listening with emphasis on paraphrasing, validating and reflecting

**Intern, Bambino Gesù, Rome, Italy**

**01/2020 - 05/2020**

- Organized data in Italian psychiatric database
- Observed treatment sessions with patients and completed assessment forms
- Attended multidisciplinary patient rounds meetings
- Researched and conducted interviews on differences in psychology in the US and Italy

**Intern, COMET Study, University of Connecticut Health, West Hartford, CT**

**09/2019 - 12/2019**

- Assisted with the Community Study of Outcome Monitoring for Emotional Disorders in Teens (COMET Study) examining the effectiveness of treatments for adolescents with Anxiety and Depressive Disorders
- Administered questionnaires to children, adolescents, and parents
- Trained in the administration of psychological evaluation questionnaires (SDQ, MFQ, YOQ, PHQ-9, GAD-7).
- Assisted with study recruitment, including contacting 500 plus counselors and teachers
- Completed data entry, auditing, and analysis

- Took minutes on conference calls

**Student Trainee (Student Visitor Program), McLean Hospital, Belmont, MA 06/2019 - 08/2019**

- Trained under the mentorship of Kathryn Eve Lewandowski, PhD, Director of Clinical Programming at the OnTrack Program in the Psychotic Division
- Scanned and filed documents
- Observed diagnostic evaluations
- Attended academic lectures and weekly grand rounds presentations

**Intern, Cole Resource Center (CRC), McLean Hospital, Belmont, MA 06/2019 – 08/2019**

- Assisted with researching resources for the CRC, a consumer mental health program
- Individually assisted patients in seeking resources post hospitalization
- Completed data entry of Peer Pilot Program assessment questionnaires
- Completed full day group therapy training session with McLean clinicians
- Observed a support group for consumers at the CRC

**Student Trainee (Student Visitor Program), McLean Hospital, Belmont, MA 07/2016 - 09/2016**

- Trained under the mentorship of Franca Centorrino, MD, Director of the Schizophrenia and Bipolar Disorder Outpatient Clinic
- Assisted with the research of a review paper on the use of smartphone applications to augment illness management tools for persons with Bipolar Disorder
- Developed educational patient handouts summarizing mental health smartphone applications
- Attended academic lectures and weekly grand rounds presentations
- Met individually with a variety of professional staff to learn about the roles and training of mental health providers

**Honors Research Thesis (Bachelor of Science)**

- Gilbertson M, Aversa S. The Role of Peer Mentors in Patients' Sense of Hope and Recovery (In preparation for publishing) **09/2020 - 05/2021**

**Poster Presentations**

- Gilbertson M, Van Kirk N. The Role of Peer Mentors in Patients' Sense of Hope and Recovery. Poster session presented at Trinity College, 2021 May; Hartford, CT.
- Gilbertson M, Van Kirk N, Flaherty L, Shieh S, Huxley N, Stimatis C, Scott B, Grady-Savard J. Peer Specialist Pilot Program. Poster session presented at McLean Research Day, 2020 Jan 29; Belmont, MA.

**Other Related Experience**

**Counselor and Lifeguard, YMCA, Merrimack, NH 06/2018 - 09/2018**

- Implemented age-based group activities for children K-5<sup>th</sup> grade
- Provided guidance and support for children
- Trained to provide adjunctive lifeguard services as needed to campers
- Participated in weekly lifeguard drills

- Served as lifeguard for special functions

**Big Brother Big Sister of Connecticut, West Hartford, CT**

**08/2017 - present**

- Volunteer mentor of a young child
- Created positive relationships with all the children in the program
- Facilitated games and activities for the children

**Big Brother Big Sister of New Hampshire, Nashua, NH**

**10/2015 - 08/2017**

- Volunteer mentor of children
- Established a positive, trusting relationship with children
- Identified meaningful and pleasurable activities for children
- Assisted children with school studies and homework
- Listened and supported the children with interpersonal difficulties at school or home
- Modeled positive adult behavior

**Special Olympics, Nashua, NH**

**07/2019 - 09/2019**

- Assisted with softball practice and games
- Supported players in the State Special Olympics Softball Tournament

**Skills**

- Skilled in empathic listening and rapport building with children, adolescents, and adults
- Strong leadership abilities
- Organized, flexible and hard working
- Strong communication skills with patient populations and treatment providers
- Competency in managing crises
- Diagnostic assessment skills
- SPSS and REDCap proficient

**Awards/Honors**

- Victoria L. Soto Memorial Award, Big Brother/Big Sister Program - 2021
- Inducted into Psi Chi (Psychology National Honor Society) - 2019
- The David Frankel Award for Compassionate Care - 2022

**Certifications**

- American Red Cross: First Aid/CPR
- Lifeguard training
- CITI Program (Research, Ethics, & Compliance training certification)
- Suicide Hotline Training
- MAP (Medication Administration Program) certified