
EDUCATION

Oberlin College

Oberlin, OH

Bachelor of Arts: Psychology, Minor: Religion (GPA: 3.7)

Graduated June 2022

- Relevant Coursework: Research Methods (I, II, Advanced); Social, Clinical, Developmental Psychology; Seminars in Human Emotion and Ethnic/Racial Minority Mental Health
- Awarded *John Fredrick Scholarship* (2018 – 2022) for academic achievement and *Senior Undergraduate Researcher Award* (2022) for excellence in psychological research over multiple semesters.

EXPERIENCE

McLean Hospital

Belmont, MA

Clinical Research Assistant II; Center for Depression, Anxiety & Stress Research (CDASR)

March 2023 – Present

- Initiated and maintained contact with study participants. Responsible for screening applicants, determining eligibility, and scheduling study visits.
- Obtained informed consent from study participants and administered questionnaires through REDCap.
- Prepared participants for MRI scan through performing urine pregnancy tests and drug screens.
- Organized and maintained a study database through performing data validation and quality control.
- Assisted with preparing, editing, and uploading IRB documentation.

Massachusetts General Hospital (MGH)

Boston, MA

Clinical Research Coordinator I; MGH Cystic Fibrosis (CF) Research Center

August 2022 – February 2023

- Assisted with clinical implementation of a primary palliative care initiative for screening adult and adolescent patients with CF which involved chart review, record keeping and distributing online REDap surveys.
- Collaborated on preparing, editing, and uploading IRB protocols and supplementary documents for a CF-specific cognitive behavioral therapy (CBT) intervention implementation study.
- Built REDCap surveys, including branching logic, for the CF-CBT implementation study.
- Co-authored two chapters in Massachusetts General Hospital's Comprehensive Clinical Psychiatry, 3rd edition textbook.
- Assisted with providing study information, recruiting, and consenting participants into research studies.
- Coordinated care for patients (e.g., mental health referrals), demonstrating skills in patient interaction and care coordination.

Oberlin College

Oberlin, OH

Research Assistant; Language & Affective Science (LAS) Lab

May 2021 – June 2022

- Participated in supervised research under Dr. Holly Shablack for academic credit.
- Attended multiple lab meetings weekly, discussing, and synthesizing results from individual and group research projects.
- Explored three different data sets including both quantitative (e.g., MAIA scale scores) and qualitative data (e.g., free responses for coding).
- Assisted in data cleaning and analysis using Microsoft Excel and SPSS.
- Conducted literature reviews on emotion regulation, interoception (body awareness), and emotion concept knowledge.
- Generated unique hypotheses for an exploratory research project on self-regulation and emotional well-being, resulting in analysis and poster presentation.
- Independently analyzed data pertaining to self-regulation and emotional well-being.

Oberlin College

Oberlin, OH

Writing & Speaking Associate; Writing & Speaking Associates Program

February 2021 – June 2022

- Tutored students at Oberlin's Writing Center and engaged in writing and rhetorical pedagogy, learning to work and communicate with students across all disciplines and writing levels at various stages of the writing process.
- Worked closely with three different professors in their courses as a Course Writing Associate, developing lesson plans, leading workshops, and holding office hours.

Center for Motivation & Change (CMC)

NYC, NY (Hybrid)

Research Assistant

Winter Term January 2020; October 2021 – January 2022

- Observed clinical group therapy sessions for people struggling with substance abuse, addiction, and comorbid disorders.
- Assisted with entering patient intake data for a longitudinal research project examining substance use in the past month.
- Assessed patient outcomes through graph generation using Microsoft Excel.
- Attended clinician meetings and wrote brief patient summaries for group therapy sessions.
- Conducted literature reviews for clinicians regarding eye-movement desensitization and reprocessing (EMDR) and dialectical behavioral therapy (DBT) treatment approaches.
- Compiled community resources related to affordable temporary housing.

LICENSES & CERTIFICATIONS

Social & Behavioral Research – Basic/Refresher, *CITI Program*

Issued August 2021

GCP – Social and Behavioral Research Best Practices for Clinical Research, *CITI Program*

Issued August 2022

RCR – Responsible Conduct of Research, *CITI Program*

Issued August 2022

SKILLS

Writing, Public Speaking, Organization, Problem-Solving, Time Management, Statistical Analysis, Data Entry & Cleaning, Research

Technical: SPSS, Microsoft Office Suite (Outlook, Word, PowerPoint, Excel), Qualtrics, REDCap, Google (Scholar, Drive, Calendar, Voice)

Languages: English, French (highly proficient)